



FINDING JOY THE NORSE WAY, IN BEAUCE!

Our bucket list of **10 ways to enjoy summer like a Scandinavian.**

1 | Artisanal products

hygge

Douceurs des Appalaches.



2 | The art of the coffee break

fika

La Ferme des Cent Acres.



3 | Go fish

lagom

The La Chaudière outdoor recreation centre.



4 | Mountain biking or climbing

sisu

- 1- Hit the bike trails at Mont-Orignal (SMO).
- 2- Experience an intro to climbing.



5 | Finnish bowling

koselig

Miniature Finnish bowling.



6 | Read a book

mysa

A story brimming with emotion
Et si la vie c'était maintenant.
Police novel
Laissez-les brûler.
Novel
La célèbre anonyme.



7 | Listen to the birds sing

gökotta

Domaine Taschereau.



8 | Pick wild strawberries

smultronställe

For a farm-grown berries:
Aux fruits de la colline.



9 | Picnic in the country

friluftsliv

Moulin des Fermes in Saint-Joseph.



10 | Discoveries for your tastebuds (microbrews)

utepils

The Jarrets Noirs beer garden.

